

Pregنالife®

Dosage form:

Film coated tablet

Presentation:

30 tablets in bottle pack form

Administration:

Oral, take one tablet daily with meal or consult with physician.

Uses & Indication:

Pregنالife supplies vitamins and minerals to meet the mother increased needs during of pregnancy to maintain health of the mother, supporting the growth and development of the fetus, increase energy and boost the immune system. This product is gluten free and has no preservatives. Vegetarians, or mothers who are faced with severe morning sickness, should pay more attention to get their needed nutrients.

B Vitamins specially Vitamins **B6** & **B12** Play an important role in hemoglobin formation, reduce nausea and vomiting and support fetal brain development. **Biotin** or **Vitamin H**; ensures proper growth and development of the fetus and reduces risk of birth defects during pregnancy. **Vitamin C** functions as an antioxidant so protects body against free radical damages and boosts immune system. It also enhances the intestinal absorption of non-heme iron.

Vitamin D is essential for promoting the absorption and utilization of calcium and phosphorus and normal calcification of the skeleton. Vitamin D enhances immune function and brain development.

Vitamin E is an important lipophilic antioxidant. It's deficiency during pregnancy is speculated to cause miscarriage or pre-term birth.

Calcium is necessary for fetal skeleton formation.

Zinc is vital for brain development in fetus. Zinc deficiency is highly teratogenic and lead to congenital malformations, abnormal brain development in the fetus and abnormal behavior in the new born. Low level zinc adversely affects Vitamin A status.

Iodine has critical role in the metabolism of macronutrients. Adequate gestational iodine is associated with higher intelligence quotient in infant.

Magnesium supplementation during pregnancy reduces the incidence of PET (pre-eclamptic toxemia), edema and leg cramps and also helps in metabolism reactions.

Selenium catalyzes the conversion of the prohormone thyroxine (T4) to the active form of triiodothyronine (T3).

Selenium also protects cell against oxidative stress-induced pro-inflammatory gene expression.

CO-Enzyme Q10 is a fat soluble antioxidant which is needed to generate energy in form of ATP. Supplementation with co-enzyme Q10 in Second and third trimesters may reduce the risk of developing pre-eclampsia in women at risk for condition.

Contraindications:

No contraindications have been reported to date.

Pregnancy and Lactation:

This product is safe to use by pregnant or lactating women.

Pregnancy and lactating women should consult a physician before using this product.

Interaction:

No interaction has been reported to date.

Adverse Effects:

No adverse effect has been reported to date.

Precautions:

Always read the label and use only as directed.

Keep out of reach of children.

Storage:

Keep in a cool (below 25 °C) and dry place, away from direct sunlight.

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Marketing Authorization Holder: Darman Yab Darou

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Tel: 87175175